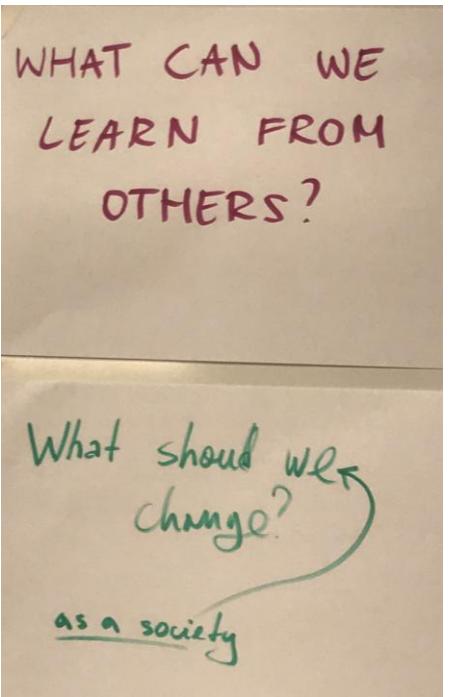


Rotary
District 2405



RYLA
rotary youth
leadership awards

Leadership development for young adults



- RYLA = an activity area within Rotary International (RI) that aims to strengthen young people's leadership skills.
- RYLA's course program consists of various types of activities such as lectures, workshops, exercises, exchange of experiences and ideas, study visits, etc.
- In District 2405: 2-3 days with young people 20-30 years old from Latvia and Sweden → entire program in English + pre-seminar online meeting and follow-up online meeting after the seminar.

Purpose of RYLA

- Show respect and commitment to young people and their development
- Provide effective training for selected young leadership talents
- Inspire and encourage young people to lead
- Acknowledge young people who make a contribution to society and/or who are interested in leadership issues

Core topics for RYLA as formulated by Rotary International:

- The basics of leadership
- Ethics and positive leadership
- The importance of communicative competences for effective leadership
- Problem-solving and conflict management
- Self-confidence and self-esteem
- Fellowship and global citizenship
- What is Rotary and what does Rotary do for society?

In our district, we also use each year's Rotary theme when planning the contents and structure of RYLA

Interaction



Exchange of experiences



Fellowship

RYLA 2026 – *Unite for good*

Valmiera, Latvia, 7-10 May 2026

One-hour pre-seminar meeting online April 22th, 2026
Post-seminar meeting – date to be decided with the participants

Last date for registration March 1st, 2026

- Fee (covers accommodation, food, activities, documentation): 260 Euro + travel costs
- Participants must be nominated by a Rotary club, but sponsorship can come from a club, an employer or a private person. Co-funding is possible.
- Participants must be aged between 20 and 30 and have an interest in leadership issues
- Participants do not have to be children/relatives of any Rotarian.

What past participants in our earlier RYLA-seminars have said about their experience of this event:

The RYLA experience provided useful insight about importance of communication in both professional and personal life. The ability to socialize with your people who share the same goals and passions provided an opportunity to exchange contacts and experiences, motivating and inspiring each other. I would recommend this experience to gain new knowledge and perspectives about leadership and communication skills!

Inspiring! I've learned so much and been really inspired. And I feel more sure about both speaking English and about the future. This weekend started really good thoughts in my head.

I learned a lot. Enjoyed everything. Great experience. After this seminar I'm very inspired. It was good for myself. Enjoyed the discussions.

Would I recommend RYLA to Friends? Yes! I believe it should be experienced by every young person who is interested in working in a team and becoming a better leader!

I am very pleased with the weekend! I feel inspired to be a young leader and I want to be in Rotary in the future since I have seen and understood what they do and what network they create.

RYLA-committee för 2026, District 2405

- Mara Majore, Cesis RC - RYLA-samordnare i den lettiska delen av distriktet, mobil +371 29 431863
- Yael Tågerud, Kalmar RC - RYLA-samordnare i den svenska delen av distriktet, mobil +46 (0)709-951232
- Vesma Galgane, Valkas RC
- Benedik Gigel, Valmiera RC
- Gatis Ginters, Liepaja RC
- Henrik Jansén, Motala von Platen RC
- Claude Lejeune, Valka RC
- Bo Söderling, Nyköping RC
- Edijs Tanons, Riga Hansa RC

Earlier RYLA-seminars in former D2410 and in D2405

2008: Nyköping, Sweden, 29/2-2/3

2009: Linköping, Sweden, 27/2-1/3

2010: Linköping, Sweden, 16-18/4

2011: Linköping, Sweden, 13-15/5

2012: Ventspils, Latvia, 10-13/5

2013: Norrköping, Sweden, 23-26/5

2014: Ogre, Lettland, 8-10/5

2015: Linköping, Sweden, 7-9/5

2016: Linköping, Sweden, 12-14/5

2017: Milzkalne/Tukums, Latvia, 11-13/5

2018: Söderköping, Sweden, 10-13/5

2019: Riga, Latvia, 16-19/5

2020-2022: cancelled due to pandemic

2023: Riga, Latvia, 20-23/4

2024: Kalmar, Sweden, 19-21/4

2025: Norrköping, Sweden, 24-27/4

